



**ATCP – 160.77 – HEALTH SCIENCE – DEPARTMENT**

**34**

**Judging: Saturday, July 16, 9:00 a.m.**

**Green County Justice Center Multi-Purpose Rooms**

**F-T-F**

**Health Science Rules and Instructions**

1. Open to individuals enrolled in the 4-H Health project.
2. Posters should be 14"x22".

**CLASS A**

Premiums \$ 2.50 \$ 2.25 \$ 2.00 \$ 1.75

Lot Open to members grades 3-8

1. Poster or display showing First Aid steps for topic of choice (i.e. cuts, burns, stings, poisons, etc.)
2. Family First Aid Kit
3. Collection or scrapbook of healthy snack recipes
4. Poster showing smart choices for a healthy breakfast
5. Any other poster or display

**CLASS B**

Premiums \$ 3.00 \$ 2.75 \$ 2.50 \$ 2.25

Lot Open to members grades 9 and up

1. Poster or display showing proper food portion sizes
2. Poster or display showing nutrient-rich foods
3. Poster or display highlighting product health claims
4. Personal fitness plan
5. Any other poster or display